

NEWS

March 31, 2008

CONTACT:

Julie H. Arenz

AVP, Business Services

iQ Credit Union

360-418-4429

juliea@iqcu.com

BUILDING HIGH PERFORMANCE TEAMS FOCUS OF UPCOMING SEMINAR

iQ Credit Union Sponsors 4th In Series To Educate Local Business Leaders

VANCOUVER, Wash. — Business owners interested in learning how to build high performance teams are invited to attend Best Practices for High Performance Businesses, scheduled for Wednesday, May 7, 2008 from 8:00 to 11:30 am.

This fourth seminar in the ongoing series will be held in Clark College's T-Building located at 1933 Fort Vancouver Way. Space is limited at this popular series to 60 attendees so interested individuals must RSVP in advance. The registration fee is \$25 and includes a light breakfast. Free parking is available. To register, visit www.bestpracticeseries.com. For more information, please call Julie Arenz at iQ Credit Union, (360) 418-4429.

Led by consultant, facilitator, and mediator Gary Ford, the seminar will help employers learn how to assess his or her team's current level of effectiveness, explore the dynamics common to high performance teams and learn to reproduce exercises that promote trust and accountability. Ford has 16 years experience building high performance teams, and is well known for his workshops that deliver a wealth of practical tools for getting desired results.

Sponsors include iQ Credit Union, Southwest Washington Workforce Development Council, Clark College Corporate Education, Washington State University Small Business Development Center, Columbia River Economic Development Council, and Vancouver Business Journal. More information about this seminar and the speaker, as well as the origins of the series, is available at www.bestpracticeseries.com.

About iQ Credit Union

iQ Credit Union has provided members with intelligent financial services that deliver unbeatable value since 1940. The Credit Union helps business members make smarter banking decisions to maximize their finances and enjoy life's journey. The

Credit Union is a member of the CO-OP Network giving members access to over 25,000 ATMs nationwide for free! With several business checking options, free bill payer and free online access, members can have access to their accounts 24/7. Now, anyone in Washington can make the switch to iQ Credit Union. Come on in. Let us help your business grow.

###